TRAILS

Flytrap Trail is a pleasant wheelchair-accessible, half-mile loop through pocosin wetlands and drier longleaf pine and wiregrass savanna communities. Venus flytraps can be seen along the edges of the pocosins and native wildflowers bloom along the trail. Parts of the trail travel along wooden boardwalks. Please stay on the trail to avoid damaging small and fragile plants.

Easy

0.5 miles

orange diamonds

Sugarloaf Trail, marked with orange circles, is a three-mile excursion that begins at the marina parking area. This trail offers great birding opportunities as you wind your way through numerous distinct habitats. Journey through a coastal evergreen forest, a coastal fringe sandhill forest, a tidal cypress-gum swamp and a longleaf pine savanna on your way to the Sugarloaf Dune, a prominent pre-Colonial and Civil War geological feature.

Easy 3

3.0 miles

orange circles

Campground Trail is one mile in length and marked with blue circles. It begins and ends at the visitor center and briefly joins the Sugarloaf Trail. Much of this trail winds through a coastal fringe sandhill forest. This plant community, dominated by longleaf pines and live oaks, is threatened and becoming very rare.

Easy 1.0 miles

blue circles

Snow's Cut Trail, is marked with red diamonds and follows along man-made Snow's Cut for three-quarters of a mile through a pine-hardwood forest. Towering trees and grand views of the Intracoastal Waterway may be experienced along this trail that begins in the picnic area and terminates at the town's bike path along Bridge Barrier Road.

Easy

.75 miles

red diamonds

Carolina Beach TRACK Trail is a quarter mile section of the Snow's Cut Trail designated as a self-guided trail for kids. Activity brochures may be found at the picnic area trailhead and at the family campground trail access near campsite #20.

Easy .2:

.25 miles

red diamonds

Swamp Trail, a three-quarter mile trail marked with red circles, begins and ends along Sugarloaf Trail. It provides access to the group camping area, as well as views of a tidal cypress-gum swamp and brackish marsh that are seen along either side of the trail.

Easv

.75 miles

red circles

Oak Toe Trail is a quarter mile spur trail off of the Sugarloaf Trail, marked with blue diamonds. Journey to the Marsh Overlook, viewing dwarf palmetto and oak toe lichen along the way. Great views of the Cape Fear River await and the brackish marsh is a great place to see fiddler crabs navigating its mudflats.

Easy .2

.25 miles

blue diamonds

Fitness Trail, marked with yellow circles, is a pleasant wheelchair-accessible one mile loop through diverse habitats. There are several exercise and activity stations set up along the way. This trail is located off of 7th Street with parking at the Carolina Beach Recreation Center.

Easy

1.0 miles

yellow circles

